

Emotional & Physical Readiness for School

This course looks at the emotional and physical needs of children transitioning into a school environment, drawing attention to the importance of attachment and relationship as well as the role played by motor skills in children's learning and development.

With a blend of theory and physical movement exploration, the course provides opportunities for reflection together with practical ideas to support transition and readiness for school.

Participants know, understand and be able to:

- Develop theory and practice relating to attachment, transition and physical development.
 - Practical ideas for supporting children and families